



# Active Communities

## **Youth Sports Coach Tuesday 2:30pm - 6 pm**



**Active Communities (Scotland) Ltd. 7 Quarry St Johnstone PA5 8DY**  
**Tel: 01505 801 501 | Email: [info@activecommunities.co.uk](mailto:info@activecommunities.co.uk) |**  
**[www.activecommunities.co.uk](http://www.activecommunities.co.uk) |**  
**Company number: SC370513. Charity number: SC041275.**

**I love  
coming  
here.....**

**P6 GIRL**

**Through my involvement in  
Hearty Lives I have  
improved my own mental  
health and hopefully  
others in the school.**

**SS STUDENT IN RENFREWSHIRE**

**I'm sad when  
i have to  
leave**

**P5 BOY @ GAMES & GRUB**

**I love how  
positive  
and happy  
he is when  
he comes  
home**

**PARENT OF YOUNG PERSON @  
YOUTH GROUP**



# Hello.

Thank you for your interest in Sports Coach position!

Active Communities is a community-led health and wellbeing charity based in Johnstone, working across Renfrewshire. Our mission is to build healthy, supportive and vibrant communities. We do this by empowering local people - particularly those disproportionately affected by poverty, trauma and poor health outcomes - to improve their health and wellbeing.

Our youth programs are continually expanding across Renfrewshire, catering to both primary and high school age groups in Johnstone and the surrounding areas.

We seek a passionate and enthusiastic Sports Coach to join our Tuesday after school group. This role calls for someone confident in leading sports activities and games for our young people.

This information pack will provide you with details about the role and about Active Communities in general. For more information, feel free to visit our website at [www.activecommunities.co.uk](http://www.activecommunities.co.uk).

To apply, please fill out the application form here: <https://forms.gle/HG3Vp6JLpRNd7gAz5>. If you require the application in a different format or need assistance with the application process, don't hesitate to contact us.

The deadline for applications is 28th July 2025.

## We eagerly await your application!

# About Active Communities.

Active Communities changes lives through motivating and engaging programmes which we deliver using a supportive and friendly approach. We believe in the power of community, listening to community needs and working with local people to improve their health and wellbeing.

Our aims are to connect local people, improve health and wellbeing, reduce loneliness and isolation, tackle health inequalities and provide opportunities for people to reach their full potential.

## **Our Vision**

Everyone in Renfrewshire can live healthier, fulfilling lives

## **Our Mission**

To build healthy, supportive and vibrant communities.

## **Our Work**

We provide a range of health and wellbeing groups and opportunities across Renfrewshire and in our Community Hub, Station Seven. Musical Tots, After-School programmes, Jogging Buddies, a crochet group, social drop ins, Break-xercise, Pilates, Mindfulness and gardening groups are just a snapshot of what we deliver.

We have welcomed the local charities tenants in Station Seven which has helped us develop our partnerships with these organisations and collectively build on our community reach.

To sustain our Active Community aims and ensure Station Seven as a facility continues its high standards, we have to focus on income generation through space hire, events and fundraising.

Although our hub is in Johnstone, we continue to ensure we have a presence throughout Renfrewshire communities and with local partners, influence how social issues are addressed within the area.



# About Hearty Lives Project.

Hearty Lives is our ambitious and innovative partnership project which delivers a peer-led approach to promoting mental health and wellbeing across all Renfrewshire high schools. Funded by Renfrewshire Council's 'Tackling Poverty in Renfrewshire' programme it is a unique partnership which promotes mental health and wellbeing for young people in Renfrewshire and aims to tackle poverty through a peer education approach, focused on tackling inequalities and improving health.

Hearty Lives is driven by the core values of Active Communities whose mission is to empower local people by inspiring, supporting and enabling them to improve their health and wellbeing. Hearty Lives teachers are following this same mission for the pupils in their school.

Key issues being addressed by the project included bullying, exam stress, worry, anxiety, self-care, resilience and promoting positive mental health. Schools are linking their Hearty Lives projects to: Saltire Awards, SQA Wellbeing, SQA Mental Health and Wellbeing, Green Flag Awards, Fair trade Awards and Duke of Edinburgh Awards.

More information on hearty lives can be found on our website and some helpful case studies from pupils at local high schools.

# Our Core Values.

We strive to make our values part of our daily life at Active Communities to reflect who we are and what we want to achieve in the local area.

## We Champion

We listen and amplify the voices of communities, advocating for those who needs us the most

## We Care

We are inclusive and compassionate, valuing every individual, and treating all with dignity and respect

## We Connect

We bring people together creating a sense of belonging and purpose

## We Celebrate

We celebrate achievements big and small

## We Challenge

We challenge indifference and prejudice at all levels

## We are Courageous

We innovate, adapt, and learn from success and mistakes



# Job Description.

Salary:	£14.04 per hour
Responsible to:	Programme Development Manager
Contract:	Term Time and Part time
3.5 hours per week on a Tuesday 2:30 - 6pm	
Based:	Station Seven, Johnstone
Special Conditions:	Evening work and PVG (Children) Required

This post is funded by the Renfrewshire Council.

## Job Purpose

The role will lead and deliver our games and grub weekly term-time session for our primary age (P5-P7s) youth group.

The sports coach will plan and deliver games and sports activity and assist the community chef to serve the group a meal.

## Key Responsibilities

### Sports and games sessions

- Plan, deliver, and adapt a high-quality physical activity and sports sessions.
- Organise equipment and resources to support session delivery.
- Set up/ tidy up games and grubs sessions.

### Working with Young People

- Be an ambassador for our values in working with you people
- Celebrate achievements and successes
- Recognise individual potential in every young person

### Partnership working

- Work with Youth Workers to support them in their duties.
- To develop and maintain good working relationships with colleagues and organisations you may liaise with.

### Quality and monitoring

- To follow good practice policies and procedures about youth work and child protection.
- Promote and support the implementation of best practices in sports activities for young people



# Job Description Cont'd

This job description is not an exhaustive list, and it is recognised that jobs change and evolve. Post holders will be required to carry out any other duties to the equivalent level that are necessary to fulfil the purpose of the job, and to respond positively and flexibly to changing organisational needs.

## Essential Person Profile

Experience of:

- Leading sports sessions
- Working with primary school children
- Participate in youth groups in any setting.
- Planning or organising sports activities with young people.

Qualifications, Skills and Knowledge

- Sports Coaching Qualification
- Ability to design and deliver dynamic and engaging sports session plans.
- To demonstrate a knowledge and understanding of working with young people
- Ability to form positive relationships with children and young people.
- A good understanding of social issues affecting young people.
- Knowledge and understanding of, and commitment to, equality of opportunity, anti-discriminatory practices and inclusion.
- Good working knowledge of child protection issues. .

## What we offer you

- Excellent holiday entitlement (35 days including public holidays).
- Flexible working.
- Nest pension (if meet the criteria)
- Opportunity to make a difference and have influence in local communities.
- Opportunity to work with a well-respected charity which has a strong sense of values and commitment to the community.

We are committed to opportunities for all and welcome applications from all sections of the community and diverse groups.

We will treat applications in line with our privacy notice which is available on request.

Thank you for your interest in Active Communities - we can't wait to hear from you!



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