



Active Communities

**Youth Worker
(Relief after school
hours)**

HEARTY
LIVES



**I love
coming
here.....**

P6 GIRL

**Through my involvement in
Hearty Lives I have
improved my own mental
health and hopefully
others in the school.**

SS STUDENT IN RENFREWSHIRE

**I love how
positive
and happy
he is when
he comes
home**

**PARENT OF YOUNG PERSON @
YOUTH GROUP**

**I'm sad when
i have to
leave**

P5 BOY @ GAMES & GRUB

Hello.

Thank you for your interest in the Youth Worker position!

Active Communities is a pioneering and award-winning charity focused on health and wellbeing in Renfrewshire.

Last year, we launched our first Community Hub, Station Seven, located in Johnstone, Renfrewshire. This hub features a variety of community-led health and wellbeing programs and groups, along with space for local organizations, businesses, and individuals. It aims to enhance and expand our impact throughout Renfrewshire.

Our youth programs are continually expanding across the region. We collaborate closely with high schools through our Hearty Lives project, and in Johnstone, we facilitate several youth groups for children and young people.

This position will play a crucial role in achieving the outcomes of the Hearty Lives project and in delivering youth work within schools and the community.

This information pack will provide details about the role, the Hearty Lives project, and Active Communities overall. You can also learn more about us by visiting our website: www.activecommunities.co.uk.

This role would be on a relief basis, as and when required. We are particularly seeking youth workers for our teenage groups, especially on Thursday evenings from 3:45 PM to 5:45 PM, with the possibility of additional evenings on Tuesday and Wednesday.

To apply, please fill out the application form here:

<https://forms.gle/HG3Vp6JLpRNd7gAz5>. If you require the application in a different format or need assistance with the application process, feel free to reach out to us.

We eagerly await your application!



About Active Communities.

Active Communities changes lives through motivating and engaging programmes which we deliver using a supportive and friendly approach. We believe in the power of community, listening to community needs and working with local people to improve their health and wellbeing.

Our aims are to connect local people, improve health and wellbeing, reduce loneliness and isolation, tackle health inequalities and provide opportunities for people to reach their full potential.

Our Vision

Everyone in Renfrewshire can live healthier, fulfilling lives

Our Mission

To build healthy, supportive and vibrant communities.

Our Work

We provide a range of health and wellbeing groups and opportunities across Renfrewshire and in our Community Hub, Station Seven. Musical Tots, After-School programmes, Jogging Buddies, a crochet group, social drop ins, Break-xercise, Pilates, Mindfulness and gardening groups are just a snapshot of what we deliver.

We have welcomed the local charities tenants in Station Seven which has helped us develop our partnerships with these organisations and collectively build on our community reach.

To sustain our Active Community aims and ensure Station Seven as a facility continues its high standards, we have to focus on income generation through space hire, events and fundraising.

Although our hub is in Johnstone, we continue to ensure we have a presence throughout Renfrewshire communities and with local partners, influence how social issues are addressed within the area.



About Hearty Lives Project.

Hearty Lives is our ambitious and innovative partnership project which delivers a peer-led approach to promoting mental health and wellbeing across all Renfrewshire high schools. Funded by Renfrewshire Council's 'Tackling Poverty in Renfrewshire' programme it is a unique partnership which promotes mental health and wellbeing for young people in Renfrewshire and aims to tackle poverty through a peer education approach, focused on tackling inequalities and improving health.

Hearty Lives is driven by the core values of Active Communities whose mission is to empower local people by inspiring, supporting and enabling them to improve their health and wellbeing. Hearty Lives teachers are following this same mission for the pupils in their school.

Key issues being addressed by the project included bullying, exam stress, worry, anxiety, self-care, resilience and promoting positive mental health. Schools are linking their Hearty Lives projects to: Saltire Awards, SQA Wellbeing, SQA Mental Health and Wellbeing, Green Flag Awards, Fair trade Awards and Duke of Edinburgh Awards.

More information on hearty lives can be found on our website and some helpful case studies from pupils at local high schools.

Our Core Values.

We strive to make our values part of our daily life at Active Communities to reflect who we are and what we want to achieve in the local area.

We Champion

We listen and amplify the voices of communities, advocating for those who needs us the most

We Care

We are inclusive and compassionate, valuing every individual, and treating all with dignity and respect

We Connect

We bring people together creating a sense of belonging and purpose

We Celebrate

We celebrate achievements big and small

We Challenge

We challenge indifference and prejudice at all levels

We are Courageous

We innovate, adapt, and learn from success and mistakes



Job Description.

Salary:	£13.50 per hour
Responsible to:	Programme Development Manager
Contract:	Relief as and when required (Availability Tues/Wed/Thur 3-6pm)
Based:	Station Seven, Johnstone but work across Renfrewshire
Special Conditions:	Evening and weekend work

This post is funded by the Renfrewshire Council.

Job Purpose

Youth Workers play a crucial role in the successful delivery of our services for young people. This position involves delivering targeted youth work projects and programmes that align with our organisational aim to provide health and wellbeing opportunities to local community.

This role will work will predominately with teenagers.

Key Responsibilities

Working with young people

- Be an ambassador for our values, empower young people, bring them together, and challenge them while supporting and showing care
- Celebrate achievements and successes
- Recognise individual potential in every young person

Youth Work

- To engage with young people to deliver physical activity, health and emotional wellbeing sessions and sporting opportunities in the target communities.
- Assist to plan programme activities.
- Gain trust and respect from the youth to develop lasting relationships with them.
- Establish boundaries for the youth and correcting inappropriate behaviour.
- Be an ambassador for our values, empower young people, bringing them together, challenging them while supporting and showing care. Always celebrating any achievements or success.

Job Description Cont'd

Partnership working

- To work closely with the other youth team members to support them in their duties.
- To develop and maintain good working relationships with relevant individuals and organisations you may liaise with.

Quality and monitoring

- Assist in setting targets and monitoring the quality of youth work provision.
- To follow good practice policies and procedures about youth work and child protection.
- Promote and support the implementation of best practices in youth work

This job description is not an exhaustive list, and it is recognised that jobs change and evolve. Post holders will be required to carry out any other duties to the equivalent level that are necessary to fulfil the purpose of the job, and to respond positively and flexibly to changing organisational needs.

Essential Person Profile

Experience of:

- Work with teenagers.
- Participate in youth work/groups in any setting.
- Planning, organising and leading activities with young people.

Qualifications, Skills and Knowledge

- SVQ Level 2 or HND in a relevant discipline or currently working towards a relevant qualification.
- To demonstrate a knowledge and understanding of youth work values.
- Ability to form positive relationships with children and young people.
- A good understanding of social issues affecting young people.
- A level of numeracy, literacy comprehension and IT skills.
- An understanding of the issues affecting young people who are looked after away from home.
- Knowledge and understanding of, and commitment to, equality of opportunity, anti-discriminatory practices and inclusion.
- Good working knowledge of adult and child protection issues.

Job Description Cont'd.

- Passion for youth and community-led work.
- A commitment to working flexibly and creatively in response to change, organisational requirements and a willingness to work outside of office hours regularly.
- Commitment and drive – The ability to take the initiative and achieve targets and results.

Desirable

- Experience within a community, education or health field.
- A current, clean driving licence and use of a car.

What we offer you

- Excellent holiday entitlement (35 days including public holidays).
- Flexible working.
- Westfield Health plan - savings on dental, optical, physio etc.
- Nest pension.
- Opportunity to make a difference and have influence in local communities.
- Opportunity to work with a well-respected charity which has a strong sense of values and commitment to the community.

We are committed to opportunities for all and welcome applications from all sections of the community and diverse groups.

We will treat applications in line with our privacy notice which is available on request.

Thank you for your interest in Active Communities - we can't wait to hear from you!

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