



# Active Communities

## Youth Worker

HEARTY  
LIVES



**I love  
coming  
here.....**

**P6 GIRL**

**Through my involvement in  
Hearty Lives I have  
improved my own mental  
health and hopefully  
others in the school.**

**SS STUDENT IN RENFREWSHIRE**

**I love how  
positive  
and happy  
he is when  
he comes  
home**

**PARENT OF YOUNG PERSON @  
YOUTH GROUP**

**I'm sad when  
i have to  
leave**

**P5 BOY @ GAMES & GRUB**



# Hello.

Thank you for your interest in this Youth Worker vacancy!

Active Communities is an innovative and award-winning health and wellbeing charity in Renfrewshire.

We opened our first Community Hub, Station Seven, in Johnstone, Renfrewshire last year. Which hosts a range of community-led health and wellbeing programmes and groups as well as providing space hire for local organisations, businesses and people. This community hub will help complement and grow our impact across Renfrewshire.

Our youth programmes continue to grow across Renfrewshire. We work closely with High Schools through our Hearty Lives project and within Johnstone, we have a number of youth groups running for children and young people.

This role will be key in delivering Hearty Lives project outcomes and delivering youth work within schools and the community.

This pack will provide you with information about the role, the Hearty Lives project and Active Communities in general. You can also find out more about us on our website.  
[www.activecommunities.co.uk](http://www.activecommunities.co.uk)

We are looking for youth workers to work between 4-8 hours per week and will agree hours on appointment. The role will require work after school/evening and some weekend work.

To apply please complete the application form here  
<https://forms.gle/HG3Vp6JLpRNd7gAz5> Feel free to contact us if you need the application in another format or for any support with the application process.

The closing date is Friday 17th November 2023.

We look forward to receiving your application!

# About Active Communities.

Active Communities changes lives through motivating and engaging programmes which we deliver using a supportive and friendly approach. We believe in the power of community, listening to community needs and working with local people to improve their health and wellbeing.

Our aims are to connect local people, improve health and wellbeing, reduce loneliness and isolation, tackle health inequalities and provide opportunities for people to reach their full potential.

## **Our Vision**

Our community will be happy, healthy, active, and connected.

## **Our Mission**

Empowering local people, by inspiring, supporting and enabling them to reach their full potential.

## **Our Work**

We provide a range of health and wellbeing groups and opportunities across Renfrewshire and in our Community Hub, Station Seven. Musical Tots, After-School programmes, Jogging Buddies, a crochet group, social drop ins, Break-xercise, Pilates, Mindfulness and gardening groups are just a snapshot of what we deliver.

We have welcomed the local charities Roar and Create Paisley as tenants in Station Seven which has helped us develop our partnerships with these organisations and collectively build on our community reach.

To sustain our Active Community aims and ensure Station Seven as a facility continues its high standards, we have to focus on income generation through space hire, events and fundraising.

Although our hub is in Johnstone, we continue to ensure we have a presence throughout Renfrewshire communities and with local partners, influence how social issues are addressed within the area.



# About Hearty Lives Project.

Hearty Lives is our ambitious and innovative partnership project which delivers a peer-led approach to promoting mental health and wellbeing across all Renfrewshire high schools. Funded by Renfrewshire Council's 'Tackling Poverty in Renfrewshire' programme it is a unique partnership which promotes mental health and wellbeing for young people in Renfrewshire and aims to tackle poverty through a peer education approach, focused on tackling inequalities and improving health.

Hearty Lives is driven by the core values of Active Communities whose mission is to empower local people by inspiring, supporting and enabling them to improve their health and wellbeing. Hearty Lives teachers are following this same mission for the pupils in their school.

Key issues being addressed by the project included bullying, exam stress, worry, anxiety, self-care, resilience and promoting positive mental health. Schools are linking their Hearty Lives projects to: Saltire Awards, SQA Wellbeing, SQA Mental Health and Wellbeing, Green Flag Awards, Fair trade Awards and Duke of Edinburgh Awards.

More information on hearty lives can be found on our website and some helpful case studies from pupils at local high schools.

# Our Core Values.

We strive to make our values part of our daily life at Active Communities to reflect who we are and what we want to achieve in the local area.

## **We Champion**

We empower and inspire people in the community who need us the most.

## **We Care**

We are determined to include everyone and give people a place to belong.

## **We Connect**

We listen, involve and we bring people together.

## **We Celebrate**

We recognise all achievements should be celebrated, enjoyed and make us all feel good.

## **We are Courageous**

We constantly challenge ourselves and have the strength and passion to make a difference in people's lives.



# Job Description.

Salary:	£13.50 p/h Qualified
Responsible to:	Youth Development Worker
Contract:	Part time 4 - 8 hours per week.
Funded:	Fixed Term Contract until June 2024
Based:	Station Seven, Johnstone but work across Renfrewshire
Special Conditions:	Evening and weekend work

This post is funded by the Renfrewshire Council.

## Job Purpose

Youth Workers are key to ensuring the successful delivery of our provisions for young people. The role will include the delivery of specific youth work projects and programmes delivered in line with our organisational aim to provide health and wellbeing opportunities to local people.

## Key Responsibilities

### Youth Work

- To engage with young people to deliver physical activity, health and emotional wellbeing sessions and sporting opportunities in the target communities.
- Assist the Youth Development Worker to plan programme activities.
- Gain trust and respect from the youth to develop lasting relationships with them.
- Establish boundaries for the youth and correcting inappropriate behaviour.
- Be an ambassador for our values, empower young people, bringing them together, challenging them while supporting and showing care. Always celebrating any achievements or success.



# Job Description Cont'd

## Partnership working

- To work closely with Youth Development Worker to support them in their duties.
- To develop and maintain good working relationships with relevant individuals and organisations you may liaise with.

## Quality and monitoring

- Assist in setting targets and monitoring the quality of youth work provision.
- To follow good practice policies and procedures about youth work and child protection.
- Promote and support the implementation of best practices in youth work

This job description is not an exhaustive list, and it is recognised that jobs change and evolve. Post holders will be required to carry out any other duties to the equivalent level that are necessary to fulfil the purpose of the job, and to respond positively and flexibly to changing organisational needs.

## Essential Person Profile

### Experience of:

- Work with young people.
- Participate in youth work/groups in any setting.
- Planning or organising activities with young people.

### Qualifications, Skills and Knowledge

- SVQ Level 2 or HND in a relevant discipline or currently working towards a relevant qualification.
- To demonstrate a knowledge and understanding of youth work values.
- Ability to form positive relationships with children and young people.
- A good understanding of social issues affecting young people.
- A level of numeracy, literacy comprehension and IT skills.
- An understanding of the issues affecting young people who are looked after away from home.
- Knowledge and understanding of, and commitment to, equality of opportunity, anti-discriminatory practices and inclusion.
- Good working knowledge of adult and child protection issues.



# Job Description Cont'd.

- Be an ambassador for our values, empower young people, bringing them together, challenging them while supporting and showing care. Always celebrating any achievements or success.
- Passion for youth and community-led work.
- Must be able to see every young person for who they are and the potential they have to offer.
- A commitment to working flexibly and creatively in response to change, organisational requirements and a willingness to work outside of office hours regularly.
- Commitment and drive – The ability to take the initiative and achieve targets and results.

## Desirable

- Experience within a community, education or health field.
- A current, clean driving licence and use of a car.

## What we offer you

- Excellent holiday entitlement (35 days including public holidays).
- Flexible working.
- Westfield Health plan - savings on dental, optical, physio etc.
- Nest pension.
- Opportunity to make a difference and have influence in local communities.
- Opportunity to work with a well-respected charity which has a strong sense of values and commitment to the community.

We are committed to opportunities for all and welcome applications from all sections of the community and diverse groups.

We will treat applications in line with our privacy notice which is available on request.

Thank you for your interest in Active Communities - we can't wait to hear from you!

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