



**Community Led Health and Well Being Network
Friday 30th May, 9.30 -11.30am**

The Kibble, Goudie St, Paisley, PA3 2LG

Note of meeting

In Attendance: S McDonald, H Moir, K Green, L Compston, D Booth, K Gilligan, K McMaster, R Robertson, M Dymond, H Valentine, L Fearon, I Williams, C Biggin, A Keir, M Tweedly, J Nunnery, S Miller, V McFadden, J Muir.

Welcome & Introduction

Susan McDonald, Active Communities welcomed everyone to the meeting and organised a short "getting to know you" exercise (sort & mingle).

Actions from last meeting

- BHF Pass it On training was held in Linwood on 9th April. Details of any future courses will be circulated to the network.
- Survey Monkey on training needs was completed (see attached) and workshops will be delivered after the summer break.
- Susan updated members on the Health & Wellbeing thematic Board and a presentation by Dr Gerry McCartney. Copies will be circulated with the minutes of the meeting.
- Feelgood Renfrewshire Campaign was launched at the Lagoon on 25th March. 38 organisations supported the event with information stalls, taster sessions and demonstrations. Smaller more localised events are planned for later in the year. Active Communities will coordinate with partners.
- Generations Working Together has launched a new health & wellbeing resource for intergenerational practice. Susan will be organising a training course later in September for anyone interested in intergenerational work.
- CHEX Conference – Susan McDonald attended . Story dialogues and examples of good practice. Valuable learning , realising the need to "Let Go" and let others take over / make own mistakes – valuable learning. Paul Grey, CEO of NHS Scotland emphasised the value of community led health but said many statutory

organisations are still afraid to go with community led organisations for service provision in case something goes wrong.

Group Exercise: Training needs

Results of the survey monkey were circulated and discussion on the priorities took place. Active Communities will liaise with CHEX and Engage and circulate workshops dates based on needs discussed.

Feedback from groups:

- need to look at the bigger picture and complement strategy, align funding to this. Complement the vision & ethos.
- every organisation has value
- perhaps we should have a session on sharing so we are not competing with each other, everyone being honest and open about their plans
- need for more coordination and support for organisations to access funding
- more information on local funding
- keeping up to date on legislation and policies
- forms need to be more user friendly
- pull together a resource which details what funding is out there
- advice , help on how to evidence outcomes
- different ideas to evaluate not all form filling
- what resources are available to help us eg survey monkey
- what needs to be done first to develop and sustain groups

AOCB

“Feelgood Renfrewshire” Campaign – Active Communities will contact partners to take part in Feelgood Renfrewshire events following the Commonwealth Games

Our Place Our Families have an event “Here Comes the Summer” on 21st June.

There will be a Health & Wellbeing Marquee at Sma Shot Day, 5th July (beside Town Hall). Active Communities will be coordinating. Other groups already taking stalls in the marquee so far: ROAR, Zero Waste, Linwood Active. Any other groups interested in taking a stall please get in touch. Stalls free to Network members. 12.00 – 17.00 – onsite by 11.30 and cars away asap

Mental Health & Arts Festival will take place on 1-19th October

1st October is Older Peoples day – Partners are looking at a week of activities similar to Agefest last year. Details to follow.

It was suggested that we look at an online forum for members.

Next Meeting:

Date to be confirmed once training calendar is agreed. We also discussed a larger networking event later in the year, open to statutory partners too. Susan will liaise with Roisin Robertson, Renfrewshire Council to coordinate.